

# The Anatomy of Academic Contentment

Dr. Orooj Siddiqui  
Dr. Gaurav Bisaria  
Dr. Shahab Ud Din  
Dr. Nazia Akhlaq  
Dr. Afreen Fatima  
Ms. Arfa Siddiqui



# **The Anatomy of Academic Contentment**

Dr. Orooj Siddiqui

Dr. Gaurav Bisaria

Dr. Shahab Ud Din

Dr. Nazia Akhlaq

Dr. Afreen Fatima

Ms. Arfa Siddiqui

**Sandpiper** 

**Sandpiper Publishers**

Regd. Office 327/89, Mir Anis Lane, Chowk, Lucknow-226 003 (U.P.) INDIA

+91 9044 343434

sandpiperpublishers@gmail.com

Copyright © Authors

All rights reserved. No part of this work may be reproduced, stored, adapted, or transmitted in any form or by any means, electronic, mechanical, photocopying, micro-filming, recording, or otherwise, or translated in any language, without the prior written permission of the copyright owner and the publisher.

The views and opinions expressed in this book are author(s) own and the facts reported by them have been verified to the extent possible, and the publishers are not in any way liable for the same.

ISBN 978-93-48567-71-0

First Published by Sandpiper Publishers 2025

Laser Types Setting: Kaushal Yadav, Lucknow

Printed & Bound in India by Global Printing Services

**Sandpiper** 

ISBN 978-93-48567-71-0



9 789348 567710 >

₹ 495

[www.sandpiperpublishers.in](http://www.sandpiperpublishers.in)  
+91 9044343434