



Dr. Swati Sharma

Dr. Swati Sharma is an Assistant Professor in the Department of Biosciences at Integral University, Lucknow, with over a decade of research experience in biological sciences. Her expertise focuses on plant-microbe interactions and postharvest management. She completed her doctoral research at CSIR-National Botanical Research Institute and the Department of Botany, University of Lucknow. Dr. Sharma has a strong publication record, including 24 research papers in international journals, one edited book, 12 book chapters, and two patents. She has successfully supervised nine Ph.D. scholars in microbiology and biotechnology, making significant contributions to research and academic mentorship.

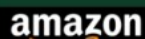
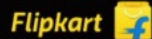


Dr. Amita Dubey

Dr. Amita Dubey is an Assistant Professor in the Department of Biosciences at Integral University, Lucknow. She earned her Ph.D. from CSIR-Central Institute of Medicinal and Aromatic Plants and served as a Women Scientist at CSIR-National Botanical Research Institute. With over a decade of experience in research and teaching, her work focuses on cytochrome P450 monooxygenases and their role in the biosynthesis of therapeutically important secondary metabolites. Her research has advanced the understanding of metabolite pathways in medicinal plants and their application in pathway engineering. She has also contributed to studies on histone acetylation in improving cotton fiber yield and quality. Dr. Dubey has led two projects funded by the


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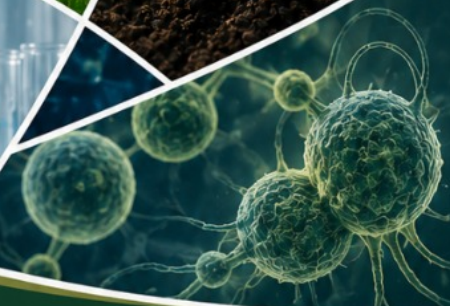


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FRONTIERS IN BIOLOGICAL SCIENCES: RECENT ADVANCES AND INNOVATIONS-VOL I

Frontiers in Biological Sciences: Recent Advances and Innovations

— Vol I —



Dr. Swati Sharma
Dr. Amita Dubey

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Unveiling Antibacterial Attributes of Green Tea, with Focus on Catechins

**Smita Rai¹, Sumaiya¹, Faiza Fiza¹, Shefali Singh¹, Swati Sharma¹, Taiba Saeed¹, Neha Sami², Tasneem Fatma² and
Durdana Yasin^{*1}**

*¹Department of Biosciences, Faculty of Science, Integral
University, Kursi Road, Lucknow, 226026, India.*

²Department of Biosciences, Jamia Millia Islamia, New Delhi.

****Corresponding author Email id.: durdana@iul.ac.in***

ABSTRACT:

This chapter delves into the multifaceted antibacterial properties of green tea catechins, focusing on their mechanisms of action, therapeutic potential, and challenges in application. Green tea, a globally consumed beverage, has a rich history intertwined with health benefits, particularly attributed to its polyphenolic content, including catechins like epigallocatechin gallate (EGCg). We explore the diverse biological effects of catechins, such as antioxidant properties, modulation of cellular processes, and interactions with microbial pathogens. The antibacterial activity of green tea catechins is demonstrated through various mechanisms, including membrane disruption, enzyme inhibition, oxidative stress induction, and iron chelation. These mechanisms contribute to their efficacy against a wide range of bacterial species, including drug-resistant strains like methicillin-resistant *Staphylococcus aureus* (MRSA). Additionally, green tea catechins exhibit synergistic effects when combined with conventional antibiotics, presenting opportunities for enhanced therapeutic strategies. Despite their promising potential, challenges such as stability, bioavailability, and