

Academic Resilience

Issues, Challenges
and
Strategies



Prof. (Dr.) Adnan Khan Lodi
Dr. Geetika Nidhi
Dr. Divya R. Panjwani

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Chapter 3

Empowering Pupil Teachers: Promoting Human Rights Awareness and Resilience in Education

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Abstract: This research paper explores the significance of empowering pupil teachers with a focus on promoting human rights awareness and resilience in education. The paper discusses the role of human rights awareness and resilience in education. The paper discusses the role of human rights education in shaping the attitudes and behaviours of educators and students, as well as the importance of resilience in navigating the challenges of the educational landscape. It examines the potential benefits of integrating human rights principles and resilience - building strategies into teacher training programs. The paper emphasizes the need for comprehensive approaches to empower pupil teachers, including curriculum integration, experiential learning, reflective practices, and collaborative learning. By equipping pupil teachers with the knowledge and skills to promote human rights awareness and resilience, we can create a generation of educators who contribute to creation of just, inclusive, and equitable societies.

Key words: Pupil Teachers, Human Rights Awareness, Resilience, Education.

Introduction:

Education plays a pivot role in shaping individuals' perspectives, values, and behaviours. Integrating human rights education and resilience - building skills into the training of pupil teachers holds the potential to create educators who not only possess pedagogical expertise but also champion in human rights principles and adapt addictively to challenges. This paper explores the interconnectedness of these two concepts and their role in shaping a more inclusive and just educational environment. Human rights education involves the integration of human rights principles, values and concepts into educational curricula and practices. This section discusses the importance of human rights education in fostering an understanding of the inherent dignity and equality of all individuals. It explores how empowered