



Dr. Smita Srivastava is currently working as Associate Professor, Faculty of Education, Integral University, Lucknow. She has 22 years of teaching experience including 18 years of teacher education. Her publication list consists of 8 Text books, 10 chapters and 27 Research Papers in various reputed Journals. She has been awarded as " Srijan Yuva Samman" by U.P. Press club, Lucknow for her Literary contribution.



Dr. Suman Pratiksha Ranjan currently works as an Assistant Professor in the Faculty of Education Integral University. Her educational qualifications are MA History, MA Public Administration MA Psychology B.Ed(General Education) B.Ed Special Education (Intellectual Disability). M.Ed, LLB LLM Ph.D. she has published more than 10 research papers and book chapters. Her interest areas are Inclusive Education, Public Policy Analysis, Research Methodology and Pedagogy of Social Sciences



Dr. Asha Pal Assistant professor Atal Bihari Bajpai Nagar Nigam degree college Lucknow. Dr Asha Pal has around 18 years teaching experience including the field of Teacher Education. She wrote 15 research papers , 5 Edited books and 1 Text book. She has been awarded by Best Teacher Award in her institution. Presently she is giving her efforts for better learning environment.



Dr. Ashish Kumar Awasthi is currently working as Assistant Professor in Sri Ramswaroop Memorial university, Lucknow. He has more than 12 years of teaching experience. He published 3 Edited books and 5 Research papers in various reputed National an International journals. He served on various administrative responsibilities too in his university.

The Future of Joyful Learning: Preparing Generation Alpha for a World of Change



The Future of Joyful Learning: Preparing Generation Alpha for a World of Change

Dr. Smita Srivastava
Dr. Suman Pratiksha Ranjan
Dr. Asha Pal
Dr. Ashish Kumar Awasthi



BOOK AVAILABLE



9 789368 849520 ₹ 500/-

BOOK RIVERS
WE CREATE READERS

The Future of Joyful Learning: Preparing Generation Alpha for a World of Change

Dr. Smita Srivastava

Dr. Suman Pratiksha Ranjan

Dr. Asha pal

Dr. Ashish kumar Awaasthi



No part of this publication may be reproduced, transmitted or stored in a retrieval system, in any form or by any means, electronic, mechanical, photocopying recording or otherwise, without the prior permission of the author.

Published by: -Book Rivers

HN 22 Kanchan Nagar Kalyanpur Lucknow UP

Website: - <https://www.bookrivers.com/>

Email: publish@bookrivers.com

Mobile: +91-9695375469

First Print Edition 2025

Copyright©: Authors

Title: *The Future of Joyful Learning: Preparing Generation Alpha for a World of Change*

Authors: *Dr. Smita Srivastava, Dr. Suman Pratiksha Ranjan
Dr. Asha pal, Dr. Ashish kumar Awaasthi*

All Rights Reserved

ISBN: 978-93-6884-952-0

MRP: 500 /-INR

(Printed in India)

Index

SN	TOPIC	
1.	The Alpha Generation; Born Digital, Shaping the Future – Introduces Gen Alpha’s Unique Characteristics, Digital Fluency, And Evolving Worldwide <i>Shimaila Rizvi</i>	1 - 12
2.	Learning For Generation Alpha in The Light of Approaching Sustainable Goals <i>Saba Parveen,</i>	13 - 22
3.	Beyond Classroom: how Online Courses And E-Learning Platforms Foster Lifelong Learning <i>Arshiya Idris</i>	23 - 33
4.	Beyond Grades: Cultivating Emotional Intelligence and Social Well-Being <i>¹farheen Fatima Zaidi, ²dr. Ekhlak Ahmad</i>	34 - 46
5.	Beyond The Screen: The Importance of Real-World Experiences: A Counterpoint to Digital Immersion, Emphasizing the Need for Hands-On Learning, Outdoor Activities, And Social Interaction. <i>Ms. Vandana</i>	47 - 53
6.	Beyond The Textbook: Rethinking Education for the 21st Century Reimagining Learning in The Indian Context <i>Dr. Anju Singh</i>	54 - 58
7.	Communication & Collaboration: Building Bridges in A Connected World <i>Ansa Fatima, Dr. Noorain Anas,</i>	59 - 62
8.	Comparison Of Educational Views of Sir Syed Ahmad Khan and Rabindranath Tagore <i>Dr. E. Ahmad</i>	63 - 70
9.	Education and various issues of women for future learning according to Swami Vivekananda <i>Ragini Rai, Dr. Smita Srivastava</i>	71 - 80
10.	Educational Views of Sir Syed Ahmad Khan and Rabindranath Tagore with Reference to Aims of Education, Methods of Education and Role of Teacher for Future Learning <i>Dr. E. Ahmad</i>	81 - 90
11.	Emotional Intelligence and Resilience: How You Can Build Your Inner Strength and Its Benefits <i>Zeba Aqil, Anas Jameel</i>	91 - 105
12.	Empowering Educators: Preparing Teachers for The Future of Learning	106 - 118

- Sandhya Yadav***
13. Empowering Generation Alpha: Building Resilient Communities Through Defense Mechanisms and Emotional Awareness" 119 - 132
- Zeba Saleem***
14. From Screens to Stretches: The Power of Brain Breaks in Combating Sedentary Lifestyles of Generation Alpha. 133 - 143
- Neeta Bawankule***
15. Gamification & Play-Based Learning: Making Learning Fun and Engaging 144 - 156
- Anil Kumar Bajpae***
16. Poems As Pathways to Joyful Learning in Primary Education 157 - 167
- Jahangeer Alam, Dr. Smita Srivastava***
17. Smart Minds for Smart Futures: Rethinking Education for Gen Alpha **168 - 180**
- Dr. Bibha Srivastava***
18. Smart Phones Usage Affecting Learning Patterns of Students in Schools: A Study 181-187
- Dr. Geetika Nidhi, Manisha Barauniya, Prince Walter***
19. The Digital Native: Understanding Gen Alpha's Unique Dna 188 - 198
¹Dr. Amit Chaurasia, ²Farheen Fatima Zaidi
20. The Future of Learning: Preparing Generation Alpha for A World of Change 199 - 209
Dr. Ashish Awasthi Ms Kirti Mishra
21. The Revolutionary Power of Spirituality in Coping with Stress and Depression for Generation Alpha 210 - 221
Farheen Fatima Zaidi
22. अल्फा जनरेशन के लिए अंतःक्रियात्मक शिक्षण विधियाँ 222 - 231
डॉ आशा पाल
23. शीर्षक डिजिटल साक्षरता और प्रवाहिता डिजिटल परिदृश्य में 232 -240
Dileep Kumar Yadav