

BRIDGING DISCIPLINES

INTERDISCIPLINARY APPROACHES
FOR TRANSFORMING EDUCATION

Editors:

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Bridging Disciplines: Interdisciplinary Approaches for Transforming Education

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CHAPTER 6

From Theory to Practice: Integrating Sociology, Economics, and Political Science in Social Research

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Abstract: Many of the world's biggest problems—such as poverty, inequality, unemployment, climate change, and weak governance—are complex and deeply connected. These issues cannot be understood fully by using only one subject. This chapter explains why combining the strengths of sociology, economics, and political science through interdisciplinary research is important for understanding and solving real-world problems. Each of these subjects looks at society in a different way. Sociology helps us understand people, communities, culture, and social systems. Economics focuses on how resources are produced and shared, and how choices are made. Political science explains how power works, how decisions are made in governments, and how public policies are created. When we bring these fields together, we get a fuller and more realistic picture of the world. This chapter also discusses the challenges of doing interdisciplinary work—such as differences in methods, academic structures, and lack of training. It suggests practical solutions like encouraging team-based research, reforming education to support broad learning, and supporting flexible research systems. Interdisciplinary research helps connect theory with real-life issues and can lead to better ideas, stronger policies, and more useful knowledge for societies around the world.

Keywords: Economics, Interdisciplinarity, Political science, Social research, Sociology.

INTRODUCTION

In today's rapidly changing world, many of the challenges societies face are profoundly connected and difficult to solve. Problems such as poverty, social inequality, environmental crises, weak governance, and global health emergencies cannot be fully understood by focusing on a single field of study. These are not just economic problems or political problems—they are also social problems. They affect people's lives in different ways and are shaped by history, power,

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