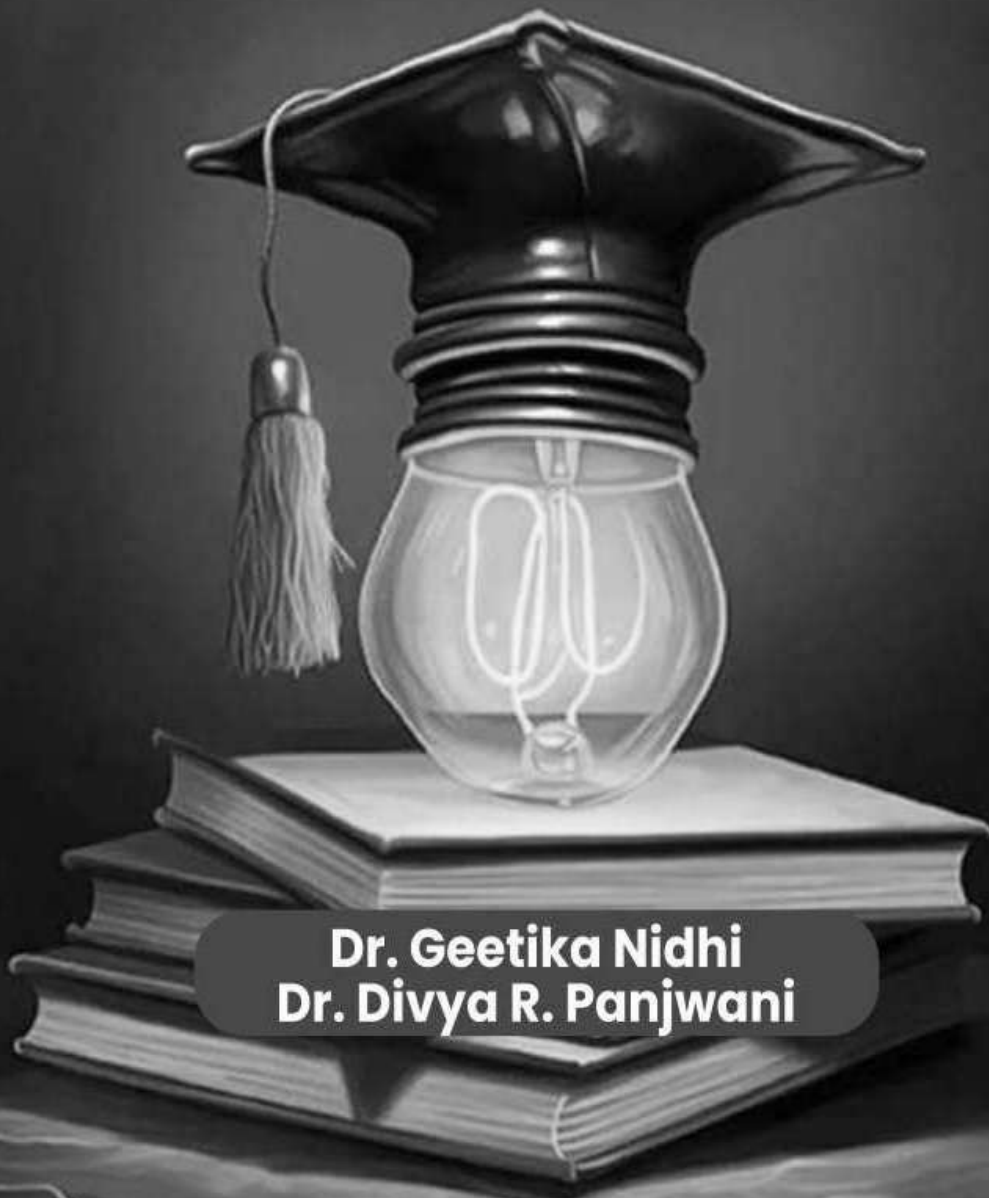


NITYA

Manifold Prospects

of

Academic Resilience



Dr. Geetika Nidhi
Dr. Divya R. Panjwani

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Nitya Publications

First Edition 2023

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ISBN: 978-93-5857-952-9

Price : Rs. 300.00

Published & Printed by:
Nitya Publications, Bhopal MP India
Web: www.nityapublications.com
Email: info@nityapublications.com
Mob: 9009291840

FORWARD

The journey in field education has developed me as thinker and contributed in each aspect of my life, one of which being identifying ways of enhancing academic success. I have gained multiple perspectives of dealing in the teaching learning situation. My exposure with varied communities and levels has made me aware of multiple dimensions educational aspects. I have observed a vast change in frontiers of academic needs and demands. I believe whatever be the obligation of academic situation these is a need to foster human development. While working with professionals of diverse background I wanted to explore the multiple perspectives of an important component-resilience. Individual is a complex whole in which all of the aspects need to be addressed.

To explore various dimensions of resilience we have tried to present this book which covers psychological, sociological philosophical and technological aspects of resilience. The contributors of the book have justified their writings which have made this text inspiring. Discussions about relation between academic resilience and emotional intelligence, personality and resilience, academic resilience and metacognition direct towards psychological aspect. Impact of technology in resilience, design thinking artificial intelligence and academic resilience cover the technological area. The role of libraries and government strategies in strengthening economic resilience is an exclusive discussion in this text. Philosophical aspects of Islam and education encompasses philosophical aspect.

All the contributors of the text have presented before you the aspects which have not been discussed before. I hope that the reader will get the knowledge and motivational value in this book. The presentation of the chapters is such that the readers find interest in the ideas presents and the thoughts documented. I present before you this book , hope you may find it valuable.

Dr. Geetika Nidhi

Dr. Divya R. Panjwani

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Chapter 6

Role of Metacognitive Abilities and Academic Resilience in Scholastic Achievement of School Students

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Abstract

The world of today is full of competition. To meet the challenges of the modern global world, it is important for the students to attain academic achievement. Academic achievement is considered as an important objective of education. It is regarded as a key criterion to assess one's total capabilities. But in today's competitive world, students have to face a lots of difficulties in getting academic success like challenging subjects, demanding schedules, peer pressure difficulty in learning, challenging environment at home and at school etc. These situation creates obstacles in the way of their academic success. They can only be successful if they will overcome all these challenging situation or difficulties. Wang et .al (1994) suggested that the academic resilience as the heightened possibility of success in school despite environment adversities bought about by early traits, conditions and experiences. Students should seek to build their academic resilience. Those students who easily cope with difficulties and challenging situation are considered as academic resilient. Resilient students sustain high levels of achieved motivation and performance despite the presences of stressful