

**Multidisciplinary Approaches  
in Community Science for  
Sustainable Development**

# **Multidisciplinary Approaches in Community Science for Sustainable Development**

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**Elite Publishing House**

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**First Edition 2024**

**ISBN : 978-93-58994-88-9**

*Published by:*

**Elite Publishing House**

H11/60, Sector - 16, Rohini, New Delhi - 110089

Tele Info: 9289051518, 9289051519

Email: ephinternational@gmail.com, ephpublishers@gmail.com

Website: [www.elitepublishing.in](http://www.elitepublishing.in)

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# Preface

In the dynamic landscape of sustainable development, the need for a comprehensive understanding of community dynamics has never been more pressing. As we navigate the complex challenges of the 21st century, it becomes increasingly evident that no single discipline can adequately address the multifaceted issues facing our communities. Instead, a holistic and multidisciplinary approach is imperative. This book, “Multidisciplinary Approach in Community Science for Sustainable Development,” emerges as a response to this imperative. It is the culmination of collaborative efforts from experts across various fields, united by a common goal: to explore the intersection of science, community engagement, and sustainability. At its core, this book aims to bridge the gap between theory and practice, offering insights and practical strategies that can empower communities to thrive in an ever-changing world. Through a diverse range of perspectives, ranging from environmental science to sociology, economics to public health, we delve into the interconnected web of factors influencing community well-being and resilience. Each chapter within this volume represents a unique contribution to the broader discourse on sustainable development. Whether examining the role of technology in empowering marginalized communities, exploring innovative approaches to conservation and resource management, or investigating the social determinants of health disparities, the chapters herein offer valuable insights gleaned from interdisciplinary inquiry. Moreover, this book underscores the importance of community engagement as a cornerstone of sustainable development efforts. By fostering collaboration between researchers, practitioners, policymakers, and community members themselves, we can cultivate solutions that are not only scientifically sound but also culturally sensitive and socially just. As editors of this volume, we are profoundly grateful to the esteemed contributors who have lent their expertise and passion to this project. Their dedication to advancing the frontiers of knowledge in community science is evident in the quality and diversity of perspectives presented here.

We hope that this book will serve as a valuable resource for researchers, practitioners, students, and policymakers alike, inspiring meaningful action and fostering positive change in communities around the globe. Together, let us embark on a journey towards a more sustainable, equitable, and resilient future.

**Editors**

# **Chapter - 1**

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## **Climate Smart Crops, Plant based Nutrition and Nutritional Security**

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### **Abstract**

Climate change, with its unpredictable weather patterns and environmental shifts, poses a significant threat to global food systems. This chapter explores the intricate relationship between climate-smart crops, plant-based nutrition, and the overarching goal of achieving nutritional security. This chapter aims to elucidate the principles of climate-smart agriculture, delve into the nutritional benefits of plant-based diets, and underscore the crucial role these elements play in ensuring nutritional security for populations worldwide.

**Keywords:** Climate change, Climate smart crops, Plant-based nutrition, Food and Nutrition Security.

### **Introduction**

Climate change poses a significant threat to global agriculture, impacting crop yields, water availability, and overall food security. In response to these challenges, the concept of climate-smart crops has emerged as a crucial component of sustainable agriculture. This chapter explores the intersection of climate-smart crops, plant-based nutrition, and nutritional security.