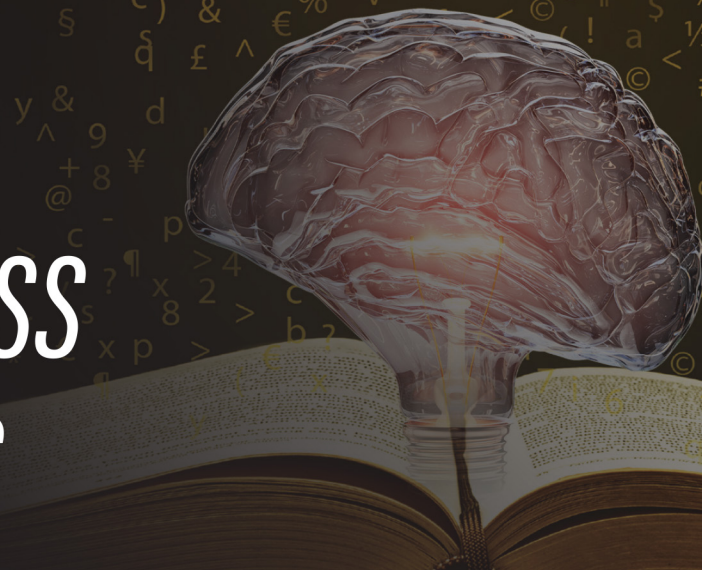


Dr Farah Shoaib



EXAM SUCCESS SERIES



UGC-NET SOLVED PYQS ON PSYCHOLOGY

*Arranged Unit-wise along with
Answers and Explanations*

Foreword by
Prof Javed Musarrat
Vice-Chancellor, Integral University

Key features

- Over 1500+ PYQs ensures comprehensive coverage of the syllabus
- Quick revision with PYQs arranged unit-wise
- Conceptual clarity aided by explanations with the answer-key



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Foreword By

Prof Javed Musarrat

*Vice-Chancellor
Integral University*



FOREWORD

It gives me immense pleasure to write the foreword for the first edition of *UGC-NET solved PYQs on Psychology* authored by Dr. Farah Shoaib Assistant Professor in the department of psychology This meticulously crafted book stands as an invaluable resource for aspirants preparing for the UGC-NET/JRF in Psychology

Dr. Farah Shoaib has thoughtfully compiled a comprehensive collection of multiple choice question (MCQs) from past NET/JRF examinations. These questions are systematically organized unit wise and topic wise enabling students to navigate the vast syllabus with clarity and precision This structured approach helps aspirants focus on specific topics and units, making their preparation more targeted, efficient and goal oriented.

A distinctive feature of this book is the inclusion of detailed explanations for each question. These explanations illuminate the correct answers and enrich the reader's understanding of fundamental psychological concepts, theories, and applications This dual focus on accuracy and depth ensures that students not only succeed in solving questions but also build a robust conceptual foundation in psychology

The book covers the entire breadth of the UGC-NET Psychology syllabus, encompassing key areas such as cognitive psychology, development psychology, research methodology, social psychology, and applied psychology. By blending authentic past examination questions with insightful commentary it provides students with a strategic edge equipping them to face the challenges of the exam with confidence and competence.

Dr. Farah's expertise, dedication and passion for academic excellence shine through every page of this book. Her attention to detail and ability to present complex ideas in a lucid and accessible manner make this guide an indispensable tool for students aiming to excel in the UGC-NET /JRF examination.

I am confident that this book will not only help students achieve success in their examinations but also inspire a deeper engagement with and appreciation for psychology as a discipline My best wishes to all readers as they embark on their journey toward academic and professional excellence.



Prof Javed Musarrat
Vice-Chancellor
Integral University

NOTE OF APPRECIATION

It gives me immense pleasure to acknowledge the remarkable efforts behind this book, Unit-Wise Previous Year Questions for NET/JRF Psychology Aspirants. This comprehensive compilation is a testament to the dedication and insight of the author, Dr. Farah who has meticulously designed a resource tailored to the needs of psychology aspirants. Moreover she has crafted a resource that not only meets but exceeds the expectations of aspiring psychologists, providing them with a tool that is both comprehensive and insightful.

I am utterly confident that this book will illuminate the path for countless aspirants, empowering them to qualify not only NET exam but other competitive exams of psychology.

To all readers embarking on this journey, I wish you unparalleled success and fulfillment in your endeavors!

With you all the best!



Prof. Zeba Aqil

Head,

Department of Humanities and Social Sciences

Integral University, Lucknow

Head
Humanities & Social Science
Integral University, Lucknow

Dr. Tushar Singh

Professor, Department of Psychology,
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December 12th, 2024

To whom this may concern

It brings me great joy to witness the creation of Unitwise PYQs for NET JRF Psychology, a book meticulously designed for psychology aspirants preparing for the NET/JRF examination. This book addresses a critical need for organized, unit-specific practice material, ensuring that students are well-prepared and confident in their quest for knowledge. The clarity of thought, structure, and depth of understanding reflected in these pages highlight the author's commitment to the academic growth of future researchers and educators. The effort, dedication, and scholarly insight that have gone into compiling this resource are truly commendable.

Such a contribution not only aids in exam preparation but also enriches the field of psychology education by promoting excellence and rigor. I congratulate the author on this noteworthy achievement and am confident that this book will serve as an indispensable guide for many successful careers in psychology.

All the best to all Psychology Students.

Regards,

Dr. Tushar Singh
Professor
Department of Psychology
Banaras Hindu University

TESTIMONIALS

I had the privilege of studying psychology from the author of the book, Farah Ma'am. I can confidently say that her book is one of the most unique and easily understandable resources for aspirants and psychology enthusiasts. The practice of Previous Year Questions (PYQs) is crucial in preparing for exams, and it has been a game changer in my own journey. Working with PYQs in her class, along with the detailed explanations for each question and the reasons why other options are incorrect, provided me with a deeper understanding of multiple concepts simultaneously. This approach made differential learning easier and allowed for quicker coverage of the syllabus.

The author has a passion and talent for organizing complex theories and concepts into a more accessible format, which she skillfully accomplished through the use of PYQs. Her clear explanations not only aid in comprehension but also enhance retention.

Moreover, the author is highly committed to supporting students, which is evident in her work. This book is extremely useful for NET-JRF aspirants as well as for other psychology exams. I highly recommend it.



Shagufta

I had a wonderful experience preparing for my NET-JRF exam with Farah ma'am. Thanks to her online PYQ classes for NET-JRF (Psychology), I was able to qualify for the NET on my first attempt. She made learning much more efficient and enjoyable with her concise and straightforward explanations.

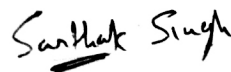
Based on my personal experience with her online classes, I can guarantee that this book will provide NET-JRF (Psychology) candidates with concise and straightforward explanations of previous year's questions (PYQ) that will enhance their conceptual understanding. I wholeheartedly recommend this book to anyone preparing for the NET-JRF (Psychology) or any other psychology-related government exams. For aspirants, this book will undoubtedly be an essential asset.



Paridhi Jain
Research Scholar
HSS, MANIT, Bhopal

The PYQ Book by Farah Ma'am provides holistic coverage for entrance exams of Psychology. Her reverse engineering approach, which focuses on understanding questions in advance and organizing them by unit through her lectures, helped me successfully pass the UGC NET exam twice and excel in my PhD interviews.

The book and courses of Ma'am played a huge role in my success in cracking the IIT Delhi entrance exam and the interview for a PhD in Psychology (Cognitive Neuroscience).

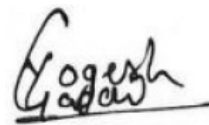


Sarthak Singh

Before I began preparing for the NET/JRF exam, I found it challenging to find a reliable online class that offered high-quality notes and effective teaching strategies. Fortunately, I discovered Dr Farah's classes for NET/JRF preparation in Psychology, and it turned out to be a great decision. Her teaching style makes even the most difficult topics easy to understand. Her subject knowledge, ability to convey her ideas, and overall teaching approach are qualities that every aspiring candidate would benefit from.

I can confidently say that the entrance exam preparation book titled "Unit-wise Previous Year Questions with Explanations" will be a game-changer for every psychology student aiming to clear any psychology competitive exam. The explanations provided are clear and concise. Previous Year Questions (PYQs) are an excellent tool for exam practice; they help build confidence and can alleviate performance anxiety during the exam.

I have had the privilege of witnessing the transformative impact this preparation can have on students. I highly recommend it to anyone preparing for the NET/JRF exam or any other psychology-related competitive examination.



YOGESH YADAV

Junior Research fellow
HSS, MANIT, Bhopal (M.P.)

PREFACE

UGC-NET Solved PYQs on Psychology is your ultimate study companion, designed to help you conquer the exam. It offers a comprehensive collection of Previous Year Questions (PYQs), providing a clear picture of the exam's format and difficulty level. Each question is accompanied by detailed explanations that delve deep into the subject matter, ensuring a thorough understanding.

By practicing these PYQs, you'll not only sharpen your problem-solving skills but also develop effective exam-taking strategies. While this book provides a solid foundation, staying updated with the latest trends in psychology is crucial.

Please note that a few questions in the book might have answers that differ from the official UGC answers. We've meticulously verified these answers from multiple reliable sources. In cases where a definitive source wasn't available, the official UGC answer has been considered.

To stay connected and for further guidance, join our Telegram channel, "NET/JRF Psychology by Dr. Farah," and our YouTube channel, "Gyaniindians."

We wish you all the best in your upcoming UGC/NTA-NET/JRF Psychology journey!

Dr Farah Shoaib

ABOUT THE AUTHOR

Dr. Farah Shoaib serves as an Assistant Professor of Psychology at Integral University. With a strong passion for teaching, she has a proven track record of excellence, having previously prepared students for the NET/JRF Psychology examinations. Many of her students successfully qualified for both NET and JRF on their first attempt, and are now pursuing their PhDs at prestigious institutions like IITs and Central Universities.

In addition to her teaching responsibilities, Dr. Farah actively provides free learning resources and updates through her Telegram channel, “NET/JRF Psychology by Dr. Farah,” and her YouTube channel, “**Gyaniindians**.” These platforms extend her educational reach, allowing her to support a broader audience of psychology students and enthusiasts.

Dr Farah has made significant contributions to the academic community by conducting numerous workshops on research and methodology at various colleges and universities. Her academic journey is marked by outstanding achievements. She completed her PhD at the University of Allahabad, during which she qualified for the National Eligibility Test (NET) and was awarded the Junior Research Fellowship (JRF). Notably, Dr Shoaib was an exemplary student throughout her academic career, earning a gold medal for achieving the highest marks in Psychology and Education. Additionally, her exceptional performance during her postgraduate studies earned her a merit-based scholarship.

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UGC-NET Solved PYQs on Psychology is a useful tool in the preparatory kit for the aspirants appearing for competitive examinations. The uniqueness of this book lies in the careful arrangement and presentation of previous year questions under the units prescribed in the syllabus on Psychology. Each chapter in the book is dedicated to one unit. Within the chapters as well, the questions are furthered categorised under different themes enabling the aspirants to cover the syllabus fully. The book covers questions based on the latest UGC-NET Papers for a decade, ensuring that the aspirants get a full-range of questions to practice with.

Why should you choose this book?

- Covers over 1500+ questions on the subject.
- Questions arranged unit-wise offering ease of revision.
- Explanations for questions aids conceptual clarity and better retention.
- Unique structure and arrangement of the questions ensures success in examination.
- Author's extensive experience is reflected in the easy language used in explanations.

Scan the QR Code to access model tests and additional preparatory resource



Dr Farah Shoaib is an Assistant Professor of Psychology at Integral University. With a strong passion for teaching, she has a proven track record of excellence, having previously prepared students for the NET/JRF Psychology examinations. Many of her students successfully qualified for both NET and JRF on their first attempt, and are now pursuing their PhDs at prestigious institutions like IITs and Central Universities.

Dr Farah actively provides free learning resources and updates through her Telegram channel, "NET/JRF Psychology by Dr Farah," and her YouTube channel, "Gyanilndians." These platforms extend her educational reach, allowing her to support a broader audience of psychology students and enthusiasts.



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